

		Year 1 + 2					
Theme		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Meridian: Reception	English Topic	This is me	Light & dark	People who help us	Growing and new life	Animal carnival	Fantastic Food
	Knowledge and skills (Ranges)						
	Wider opportunities Assessment						
Meridian 1+2 Cycle A	English Topic	My school & community	Superheroes	Royalty	Seasons	Traditional tales & fables	Mini-beasts
	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different ways to move across a floor (eg skipping, running, jumping, hopping)	Children will develop hand-eye coordination skills in passing and taking a ball.	Children will explore direction and position by exploring the school	Children will develop skills in how to use the body (a hand or foot) to push a ball/object over or into a net.	Children will develop throwing and catching skills using different equipment over increasing distances	Children will explore sprinting and jogging and consider when to be speedy and when to be steady!
Meridian 1+2 Cycle B	English Topic	Me & my feelings	Space & exploration	Stories-Imagination & dreams	Transport	Animal Kingdom	Our natural planet
	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different types of balances and combine these with travel to create sequences.	Children will explore the concept of space through team games.	Children will work with a partner and in teams to overcome a problem.	Children will explore how balls/objects can be pushed over a net using equipment.	Children will develop skills in hitting a ball with increasing accuracy	Children will develop jumping ability and explore how running can improve distance jumping
Meridian 3+4 Cycle A	English Topic	Where in the world do I live?	Great Fire of London	Continents of the World	Ancient Egyptians	Let's eat healthy!	Explorers
	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different types of balances and combine these with travel to create sequences.	Children will explore the concept of space through team games.	Children will work with a partner and in teams to overcome a problem.	Children will explore how balls/objects can be pushed over a net using equipment.	Children will develop skills in hitting a ball with increasing accuracy	Children will develop jumping ability and explore how running can improve distance jumping
Meridian 3+4 Cycle B	English Topic	Stories in a familiar setting	Where did it all start?	Dinosaurs	Journeys	Incredible animals	Go Green!
	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different types of balances and combine these with travel to create sequences.	Children will explore the concept of space through team games.	Children will work with a partner and in teams to overcome a problem.	Children will explore how balls/objects can be pushed over a net using equipment.	Children will develop skills in hitting a ball with increasing accuracy	Children will develop jumping ability and explore how running can improve distance jumping
Meridian 5+6 Cycle A	English Topic	Heritage	Ancient Greece	The Vikings	Mountains & rocks	Romans in London	Mayan/Rainforests
	Topic	Balance and Movement	Team Games	Swimming (Schedule may change)	Swimming (Schedule may change)	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences.	Children will understand how passing, movement and use of space can be successful in a team game scenario.	Understanding water safety. Children will explore different strokes with increasing confidence.	Understanding water safety. Children will explore different strokes with increasing confidence.	Children will develop their confidence in throwing and catching in a competitive scenario.	Children will develop their understanding of how running can enhance capacity to throw over distance.
Meridian 5+6 Cycle B	English Topic	Enfield	Victorians	Myths & legends	Travel & trade	Go to the movies	Sharing the World
	Topic	Balance and Movement	Team Games	Swimming (Schedule may change)	Swimming (Schedule may change)	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences.	Children will understand how passing, movement and use of space can be successful in a team game scenario.	Understanding water safety. Children will explore different strokes with increasing confidence.	Understanding water safety. Children will explore different strokes with increasing confidence.	Children will develop their confidence in throwing and catching in a competitive scenario.	Children will develop their understanding of how running can enhance capacity to throw over distance.
Hasebury Year 7	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Ball	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	Are you good at travelling, jumping, balancing and rolling in PE?	How can you improve your passing, moving, attacking and defending in team games?	Are you good at problem solving? Learn some more strategies to use as an individual and in a team.	Do you enjoy racket games? Improve your techniques including grip, forehand, backhand and serving	Develop your field game skills including throwing, catching, bowling and fielding.	Explore techniques in athletics' running, jumping and throwing events.
	Wider opportunities Assessment						
Hasebury Year 8	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	How can you hold your own body position and not wobble when supporting a partner?	How can you be more controlled and accurate in your movements when playing a team game?	How can you be a good leader? How important is trust in team activities?	How can you be more controlled and accurate in your movements when playing a net or wall game?	How can you be more controlled and accurate in your movements when playing a field game?	How can you be more controlled and accurate in competitive running, jumping and throwing?
	Wider opportunities Assessment						
Hasebury Year 9	Topic	Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
	Knowledge and skills (Ranges)	How can we improve performance through better control and precision in movement? And how can we be more creative?	How can we use problem solving skills to improve our performance in a competition?	Let's demonstrate how much we have learnt and perform at our best in a team situation.	How can we improve at net and wall games using the skills we have learnt so far in a competition?	How can we improve at field games using the skills we have learnt so far in a competition?	How can we be even more controlled and accurate in competitive running, jumping and throwing events?
	Wider opportunities Assessment						
Learning for life Year 10	Topic	Basketball	Football	Cricket	Hockey	Table Tennis	Canoeing
	Knowledge and skills (Ranges)	Develop core basketball skills of dribbling, pivoting, passing and shooting.	Develop core football skills of dribbling, passing and shooting.	Develop core cricket skills of batting, bowling and fielding.	Develop core hockey skills of dribbling, passing, tackling and shooting.	Develop core table tennis skills of grip, serve, forehand and backhand shots.	Develop core paddle skills of bell boats. Learn about water safety.
	Wider opportunities Assessment						
Learning for life Year 11	Topic	Basketball	Football	Cricket	Hockey	Table Tennis	Canoeing
	Knowledge and skills (Ranges)	Develop skills in attacking and defending	Develop skills in attacking and defending	Develop skills in fielding as a team and in batting tactics within a competitive context	Develop skills in attacking and defending	Develop skills in shot choice and execution to attack and defend	Develop core paddle skills in kayaking. Learn about water safety
	Wider opportunities Assessment						
Horizon Year 12	Big question						
	Topic						
Horizon Year 13	Big question						
	Topic						