

West Lea CURRICULUM OVERVIEW 2023 - 2024 P.E.

		Autumn 1	Autumn 2	Year Spring 1	1+2 Spring 2	Summer 1	Summer 2
Theme Theme							
Meridian: Reception	English Topic	This is me	Light & dark	People who help us	Growing and new life	Animal carnival	Fantastic Food
	Knowledge and skills (Ranges)						
	Wider opportunities Assessment						
	English Topic	My school & community	Superheroes	Royalty	Seasons	Traditional tales & fables	Mini-beasts
Meridian 1+2 Cycle A	Topic	Balance and Movement Children will explore	Team Games	OAA and Problem Solving	Net and Wall Games Children will develop	Striking and Fielding Children will develop	Strength and Power Children will explore
	Knowledge and skills	different ways to move across a floor (eg skipping,	Children will develop hand-eye coordination	Children will explore direction and position by	skills in how to use the body (a hand or foot) to	throwing and catching skills using different	sprinting and jogging and consider when to be
	(Ranges)	running, jumping,	skills in passing and taking a ball.	exploring the school	push a ball/object over or	equipment over	speedy and when to be
Meridian 1+2 Cycle B		hopping)			into a net.	increasing distances	steady!
	English topic Topic	Me & my feelings Balance and Movement	Space & exploration Team Games	Stories-Imagination & dreams OAA and Problem Solving	Transport Net and Wall Games	Animal Kingdom	Our natural planet Strength and Power
	торіс	Children will explore			Children will explore how	Striking and Fielding	Children will develop
	Knowledge and skills (Ranges)	different types of balances and combine these with	Children will explore the concept of space through	Children will work with a partner and in teams to	balls /objects can be pushed over a net using	Children will develop skills in hitting a ball with	jumping ability and explore how running can
		travel to create sequences.	team games.	overcome a problem.	equipment.	increasing accuracy	improve distance jumping
Meridian 3+4 Cycle A	Assessment						
	English Topic	Where in the world do I live?	Great Fire of London	Continents of the World	Ancient Egyptians	Let's eat healthy!	Explorers
	Topic	Balance and Movement Children will explore	Team Games	OAA and Problem Solving	Net and Wall Games Children will explore how	Striking and Fielding	Strength and Power Children will develop
	Knowledge and skills (Ranges)	different types of balances and combine these with	Children will explore the concept of space through	Children will work with a partner and in teams to	balls /objects can be pushed over a net using	Children will develop skills in hitting a ball with	jumping ability and explore how running can
	(Natiges)	travel to create sequences.	team games.	overcome a problem.	equipment.	increasing accuracy	improve distance jumping
	Wider opportunities Assessment						
Meridian 3+4 Cycle B		Stories in a familiar	Where did it all start?	Dinosaurs	Journeys	Incredible animals	Go Green!
	English Topic Topic	setting Balance and Movement	Team Games	OAA and Problem Solving	Net and Wall Games	Striking and Fielding	Strength and Power
		Children will explore different types of balances	Children will explore the	Children will work with a	Children will explore how	Children will develop	Children will develop jumping ability and
	Knowledge and skills (Ranges)	and combine these with travel to create	concept of space through team games.	partner and in teams to overcome a problem.	balls /objects can be pushed over a net using	skills in hitting a ball with increasing accuracy	explore how running can improve distance jumping
	Widoro	sequences.	com games.	a problem.	equipment.	accuring accuracy	
	Wider opportunities Assessment						
Meridian 5+6 Cycle A	English Topic	Heritage	Ancient Greece	The Vikings	Mountains & rocks	Romans in London	Mayan/Rainforests
	Topic	Balance and Movement	Team Games	Swimming (Schedule may change)	Swimming (Schedule may change)	Striking and Fielding	Strength and Power
		Children will explore different types of roll and	Children will understand	Understanding water	Understanding water		Children will develop
		combine these with different types of balance	how passing, movement and use of space can be	safety. Children will explore different strokes	safety. Children will explore different strokes	Children will develop their confidence in	their understanding of how running can enhance
	Knowledge and skills (Ranges)	and travel to create sequences.	successful in a team game scenario.	with increasing confidence.	with increasing confidence.	throwing and catching in a competitive scenario.	capacity to throw over distance.
	Wider opportunities Assessment						
Moridian 546 Curle R	English Topic	Enfield	Victorians	Myths & legends	Travel & trade	Go to the movies	Sharing the World
	Topic	Balance and Movement	Team Games	Swimming (Schedule may	Swimming (Schedule may	Striking and Fielding	Character and Danier
				change)	change)	Striking and Fleiding	Strength and Power
Maridian 546 Cycle B		Children will explore				Striking and Fleiding	
Meridian 5+6 Cycle B			Children will understand how passing, movement and use of space can be	Understanding water safety. Children will explore different strokes	Understanding water safety. Children will explore different strokes	Children will develop their confidence in	Children will develop their understanding of how running can enhance
Meridian 5+6 Cycle B	Knowledge and skills (Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create	Children will understand how passing, movement and use of space can be successful in a team game	Understanding water safety. Children will	Understanding water safety. Children will explore different strokes with increasing	Children will develop their confidence in throwing and catching in	Children will develop their understanding of how running can enhance capacity to throw over
Meridian 5+6 Cycle B	Knowledge and skills (Ranges) Wider opportunities Assessment	Children will explore different types of roll and combine these with different types of balance	Children will understand how passing, movement and use of space can be	Understanding water safety. Children will explore different strokes with increasing	Understanding water safety. Children will explore different strokes	Children will develop their confidence in	Children will develop their understanding of how running can enhance
Meridian 5+6 Cycle B	(Ranges) Wider opportunities	Children will explore different types of roll and combine these with different types of balance and travel to create	Children will understand how passing, movement and use of space can be successful in a team game	Understanding water safety. Children will explore different strokes with increasing	Understanding water safety. Children will explore different strokes with increasing confidence.	Children will develop their confidence in throwing and catching in	Children will develop their understanding of how running can enhance capacity to throw over
Meridian 5+6 Cycle B	(Ranges) Wider opportunities Assessment Topic	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you improve	Understanding water safety. Children will explore different strokes with increasing confidence. OAA and Problem Solving Areyou good at problem	Understanding water safety. Children will explore different strokes with increasing confidence. Net and Ball Do you enjoy racket	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game	Children will develop their understanding of how running can enhance capacity to throw over distance. Strength and Power Explore techniques in
Meridian 5+6 Cycle B Haselbury Year 7	(Ranges) Wider opportunities Assessment	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling jumping, balancing and	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you improve your passing, moving, attacking and defending	Understanding water safety. Children will explore different strokes with increasing confidence. CAA and Problem Solving Are you good at problem solving? Learn some more strategies to use as an	Understanding water safety. Children will explore different strokes with increasing confidence. Net and Ball Do you enjoy racket games? Improve your texholiques including grip,	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including throwing, catching, bowling and	Children will develop their understanding of how running can enhance capacity to throw over distance. Strength and Power Explore techniques in athletics' running, jumping and throwing
	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling,	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you improve your passing, moving,	Understanding water safety. Children will explore different strokes with increasing confidence. GAA and Problem Solving Are you good at problem solving? Learn some more	Understanding water safety. Children will explore different strokes with increasing confidence. Net and Ball Do you enjoy racket games? Improve your	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including throwing.	Children will develop their understanding of how running can enhance capacity to throw over distance. Strength and Power Explore techniques in athletics' running,
	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment	Children will explore different types of roll and combine these with different types of balance and travel to create and travel to create sequences. Balance and Movement Are you good at travelling jumping, balancing and rolling in PE?	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you improve your passing, moving, attacking and defending in team games?	Understanding water safety, Children will explore different strokes with increasing confidence. GAA and Problem Solving Areyou good at problem solving? Learn some more strategles to use as an individual and in a team.	Understanding water safety, Children will explore different strokes with increasing confidence. Net and Ball Do you enjoy racket games? Improve you techniques including grip, forehand, backhand and serving	children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including throwing, catching, bowling and fielding.	Children will develop their understanding of how running can enhance capacity to throw over distance. Strength and Power Explore techniques in athletics' running, jumping and throwing events.
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Hasebury Year 7	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling, jumping, balancing and rolling in PE? Balance and Movement How can you hold your town you hold your your body position and	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games Team Games How can you improve your passing, moving, attacking and defending in team games? Team Games Team Games How can you be more controlled and accurate out of the space of th	Understanding water safety, Children will septore different strokes with increasing confidence. CAA and Problem Solving Are you good at problem solving? Learn some notice strategies to use as an individual and in a team. CAA and Problem Solving How was a solving? Learn some notice.	Understanding water safety, Children will septore different strokes updore different strokes with increasing confidence. Net and Bail Do you enjoy racket games? Improve your techniques including grip, forehand, backhand and serving Net and Wall Games How can you be more controlled and accurate	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including through catching, bowling and fielding. Striking and Fielding Individual Striking and Striking and Striking and Fielding Individual Striking and Striking and Fielding Individual Striking Indi	children will develop their understanding of the bow unning can bow under distance. Strength and Power Explore schniques: In although unning and throwing events. Strength and Power Bow un you be more though un you be more though un you be more though un you be more controlled and accurate
Hasebury Year 7	(Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Aceyou good at travelling jumping, balancing and rolling in PET Balance and Movement How can you hold your own body goods to a many own body goods on and not wobbe when apporting a partner?	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you improve your passing, moving, attacking, and defending in team games? Team Games How can you be more controlled and accurate in your movements when piplaying a team game?	Understanding water safety. Children will explore different strokes with increasing confidence. CAA and Problem Solving Are you good at problem Solving? Learn some more strategies to use as an individual and in a team. CAA and Problem Solving through the confidence of the confide	Understanding water safety, Children will explore different strokes with increasing confidence. Net and Bail Doyou enjoyracket gasme? Improve your group confidence with the same? The same and wall carving the same and wall Games. Net and Wall Games how confidence and courted in your movements when playing a net or wall game?	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including through catching, bowling and fielding. Striking and Fielding Striking and Fielding How can you be more controlled and accurate in your movements when playing a field game?	children will develop their understanding endor the production of
Hasebury Year 7	(Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling, jumping, balancing and rolling in PE? Balance and Movement How can you hold your own body position and not wobble when supporting a partner? Balance and Movement How can you hold your own body position and not wobble when supporting a partner?	Children will understand how passing, movement and used space can be successful in a team game scenario. Team Games How can you Improve your passing, moving, attacking, and defending in team games? Team Games How can you be more controlled and accurate in your movements when	Understanding water safety. Children will be safety of the	Understanding water safety. Children will see propose different strokes updore different strokes with increasing confidence. Net and Ball Do you epilyoracket games? Improve your techniques including grip, forehand, backhand and serving Net and Wall Games. Net and Wall Games. How can you be more controlled and accurate in your movements when playing an error well palying an error well palying an error well	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including throwing, actching, bowling and fielding. Striking and Fielding How can you be more controlled and accurate in your movements when	Children will develop their understanding of how running can bow running can be running to the running unumping and throwing events. Strength and Power How can you be more controlled and accurate in competitive running, jumping and throwing? Strength and Power Strength and Power
Haselbury Year 7 Haselbury Year 8	(Ranges)	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling, jumpine, balancing and rolling in PET. Balance and Movement How can you bold you will not be a sequence of the period	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you limprove your passing, moving, attacking and defending in team games? Team Games How can you be more controlled and accurate in your movements when playing a team game? Team Games Team Games Team Games Team Games Team Games	Understanding water safety. Children will see specific edifferent strokes with increasing confidence. OAA and Problem Solving Are you good at problem Solving? Learn some more strategies to use as an individual and in a team. OAA and Problem Solving How can you be a good understanding the safety of the safety for the s	Understanding water safety, Children will explore different strokes with increasing confidence. Net and Bail Do you enjoy racket game? In prove your retenheques including grame? In prove your retenheques including grame? Net and Wall Games. Net and Wall Games. How can you be more controlled and accurate in your movements when playing a net or wall game? Net and Wall Games. Net and Wall Games. Net and Games. Net and Games.	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including through, catching, bowling and fielding. Striking and Fielding Striking and Fielding How can you be more controlled and accurate in your movements when playing a field game; Striking and Fielding Striking and Fielding Move any pub emore controlled and accurate in your movements when playing a field game?	children will develop their understanding her understanding her capacity to throw over distance. Strength and Power Explore techniques: in a state of the strength and Power the state of the strength and Power the strength and Power the strength and Power the strength and Power thou can you be more controlled and accurate in competitive running, jumping and throwing? Strength and Power thou will be strength and Power the strength and Power the strength and Power thou will be strength and Power thou will
Hasebury Year 7	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Wider opportunities Assessment Topic Knowledge and skills Knowledge and skills Knowledge and skills	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling, jumping, balancing and rolling in PF? Balance and Movement thou can be a compared to the combine of the combine	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you be more controlled and accurate in your movements when playing a team game? Team Games Team Games Team Games How can we use problem solving sallist to improve your performance in a	Understanding water safety, Children will explore different strokes which increasing confidence. CAA and Problem Solving Aceyou good at problem solving? caren since shorting? caren shor	Understanding water safety, Children will segione different strokes with increasing confidence. Net and Bail Do you enjoy racket games? Improve your techniques including grip, forehand, backhand and serving Net and Wall Games How can you be more controlled and accurate in your movements when playing an ent controlled and accurate in your movements when playing an ent of the controlled and accurate in your movements when playing an ent of the controlled and accurate in your movements when playing an ent of the controlled and accurate in your movements when playing an ent of the controlled and accurate in your movements when playing an ent of the controlled and accurate in your movements when you was a supplied to the controlled and accurate in your movements when you was a supplied to the controlled and accurate in your movements when you was a supplied to the controlled and accurate in your movements when you was a supplied to the controlled and you was a supplie	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including fire, catching, bowling and fielding. Striking and Fielding Striking and Fielding striking and fielding. Striking and Fielding	children will develop their understanding endorcupacity to throw over distance. Strength and Power Spring and throwing events. Strength and Power Explore techniques in antibeticir running, jumping and throwing events. Strength and Power How over the strength and Power in competitive running, jumping and throwing events. Strength and Power How can you be more controlled and accurate in competitive running. Jumping and throwing? Strength and Power How can you be rooted.
Haselbury Year 7 Haselbury Year 8	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Wider opportunities Assessment Topic Knowledge and skills (Ranges) Knowledge and skills (Ranges)	Children will explore different types of roll and combine these will different types of the	Children will understand how passing, movement and use of space of the successful in a team game scenario. Team Games How can you improve your passing, moving, a tracking and defending in team games? Team Games How can you be more controlled and accurate in your passing the passing team game? Team Games How can you be more controlled and accurate in your passing at team game?	Understanding water safety, Children will septore different strokes which increasing confidence. CAA and Problem Solving Are you good at problem solving? Learn some notes a market water solving? Learn some notes and an area of the solving and the solving and the solving area of the solving and the solving the solvin	Understanding water safety, Children will see you continue to support edifferent strokes up the proposed of the safety of the continue to the safety of the	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including throwing, activing, booking and fielding. Striking and Fielding develop your field game skills in your field game skills in your movements when playing a field game? Striking and Fielding How can you be more controlled and accurate in your movements when playing a field game? Striking and Fielding thou will you move you will you move you will you	Children will develop their understanding of how running can who wrunning can be capacity to throw over distance. Strength and Power Sophers techniques in athletics running, jumping and throwing overts. Strength and Power How can you be more controlled and controlled and and throwing? Strength and Power How can you be more controlled and and throwing?
Haselbury Year 7 Haselbury Year 8	(Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic Knowledge and skills (Ranges) Wider opportunities Assessment Topic	Children will explore different types of roll and combine these with different types of balance and travel to create sequences. Balance and Movement Are you good at travelling, jumpine, balancing and rolling in PET. Balance and Movement How can you belong the performance of the performance through better control and precision in movement?	Children will understand how passing, movement and use of space can be successful in a team game scenario. Team Games How can you be more controlled and accurate in your movements when playing a team game? Team Games Team Games Team Games How can we use problem solving sallist to improve your performance in a	Understanding water safety. Children will see spot end fifteen strokes upon end fifteen strokes with increasing confidence. CAA and Problem Solving? Are you good at problem solving? Learn some more strategies to use as an individual and in a team. CAA and Problem Solving How can you be a good leader? How important is trust in team activities? CAA and Problem Solving How can you be a good leader? How important is trust in team activities?	Understanding water safety, Children will explore different strokes with increasing confidence. Net and Bail Do you enjoy racket game? In prove your retenheliques including game? In prove your retenheliques including game? In water w	Children will develop their confidence in throwing and catching in a competitive scenario. Striking and Fielding Develop your field game skills including through, catching, bowling and fielding. Striking and Fielding Striking and Fielding How can you be more controlled and accurate in your movements when playing a field game; Striking and Fielding How can you be more affect game striking and Fielding.	children will develop their understanding enhanc capacity to throw over distance. Strength and Power Explore techniques: in a state of the strength and Power the state of t
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